

## Critical Reflection Writing and Group Experience

For this assignment, you are to focus on one patient that you observed during your palliative care clinical experience or from the video (Letting Go, Wit, etc.) that you viewed. Address the areas described below. Your critical reflection paper should not exceed 3-4 pages in length (double-spaced, 12 font, please). Use the template (included) that has been created for this exercise. Include the three sections described below.

- 1) In 1-2 paragraphs, summarize the clinical scenario in language that non-clinical readers could understand.
  - **Briefly** describe the patient and his/her situation, diagnosis and prognosis, brief history of the disease, and how/why the patient entered palliative-focused care.
  - Describe the predominant palliative care needs of this patient and his/her family. Think holistically about their medical, psychosocial and spiritual needs.
  - Briefly describe how well these needs are currently being met. What team members are involved and what interventions are occurring? How do you judge the progress being made towards the goals for this patient's care?
  
- 2) Now – put on your critical thinking cap. Address the following critical review questions.
  - How could the patient's/family's care be enhanced?
  - Was there an adequate interdisciplinary assessment and care plan?
  - Describe the communication among the parties involved (team communication: with each other, the patient and family and other providers)
  - Discuss how this interdisciplinary and patient/family oriented setting supported quality palliative care. If it didn't, how did it fall short?
  
- 3) Lastly but most importantly, reflect personally on what you learned from your involvement with this patient. This should be the longest portion of your paper.
  - How did the experience touch you personally? Professionally?
  - How did the experience impact your future practice as a healthcare provider?
  - Describe observations that had a positive or negative impact on you.
  - How has your perception of palliative care changed based on the experience?

Your reflection paper should be submitted to the iCOPE Program Coordinator. For chaplain residents and social work students submit your paper at **least one week** prior to your interdisciplinary critical reflection writing group session. For nursing and medical students refer to the due date given by your instructor. You should also bring a copy of your paper to the discussion group you are assigned to attend as part of the iCOPE curriculum. At that time, you will share your reflections with other students and professionals. This will provide an opportunity to both debrief about your experience and learn from the experiences of others.

## **iCOPE Critical Reflection Writing and Group Experience**

**Your Name:**

**Your educational program:**

**Date of Reflective Writing Session:**

**Site of Clinical Experience:**

- 1) Description of patient. Give a description of the patient that non-clinical readers could understand. Please limit your description to this box.

The remaining 2-3 pages of your reflection paper should include your critical review and personal reflection as described in the assignment.